

7th and 8th Grade Football Summer Practice Schedule

August 2009						
Sun	Mon	Tue	Wed	Thurs	Fri	Sat
						1
2	3	4 Voluntary Preseason Conditioning 5-6:30 pm DLMS	5 Voluntary Preseason Conditioning 5-6:30 pm DLMS	6	7	8
9	10	11 Voluntary Preseason Conditioning 5-6:30 pm DLMS	12 Voluntary Preseason Conditioning 5-6:00 pm Equip. Distr. at 6 PM DLMS	13	14	15
16	17	18 Voluntary Preseason Conditioning 3:00 to 4:30 DLMS	19 Voluntary Preseason Conditioning 3:00 to 4:30 DLMS	20 1 st Practice (helmets only) 3:00 to 5:00 at DLMS 5 PM -- parent meeting at DLMS 5:30 PM –FB Booster Picnic at WD # 1 Fire Hall	21 Practice (helmets only) 3 to 5:00 DLMS	22
23	24 Practice (helmets only) 3 to 5:00 DLMS	25 Practice 3:00 to 5:00 (full pads) DLMS	26 Practice 3:00 to 5:00 DLMS 5:00 to 7 team pictures	27 Practice 3 to 5:00 DLMS	28 Practice 3 to 4:30 DLMS	29
30	31 Practice 3:30 to 5:30 DLMS					

If you have any questions please contact the school at 724-265-5310

DLMS = Deer Lakes Middle School
DLHS = Deer Lakes High School
All Practice times subject to change

7th and 8th Grade Football Practice / Game Schedule

September 2009						
Sun	Mon	Tue	Wed	Thurs	Fri	Sat
		1 Practice 3:30 to 5:30 DLMS	2 Scrimmage Highlands DLHS 4 PM	3 Practice 3:30 to 5:30 DLMS	4 Practice 3:00 to 4:30 DLMS	5
6	7 Labor Day No practice	8 Practice (1 st day of school) 3:00 to 5:00 DLMS	9 Game Springdale DLHS 4PM	10 Practice 3:00 to 5:00 DLMS	11 Practice 3:00 to 4:30 DLMS	12
13	14 Practice 3:00 to 5:00 DLMS	15 Practice 3:00 to 5:00 DLMS	16 Game at Southmoreland MS 4 PM	17 Practice 3:00 to 5:00 DLMS	18 Practice 3:00 to 4:30 DLMS	19
20	21 Practice 3:00 to 5:00 DLMS	22 Practice 3:00 to 5:00 DLMS	23 Game Burrell DLHS 4PM	24 Practice 3:00 to 5:00 DLMS	25 Practice 3:00 to 4:30 DLMS	26
27	28 Practice 3:00 to 5:00 DLMS	29 Practice 3:00 to 5:00 DLMS	30 Game at Apollo Ridge 4 PM			

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7th and 8th Grade Football Practice / Game Schedule

October 2009						
Sun	Mon	Tue	Wed	Thurs	Fri	Sat
				1 Practice 3:00 to 5:00 DLMS	2 Practice 3:00 to 4:30 DLMS	3
4	5 Practice 3:00 to 5:00 DLMS	6 Practice 3:00 to 5:00 DLMS	7 Practice 3:00 to 5:00 DLMS	8 Game Hampton at DLHS 4 PM	9 Practice 3:00 to 5:30 DLMS	10
11	12 No School Practice 4:00 to 6:00 DLMS	13 Practice 3:00 to 5:00 DLMS	14 Game at West Shamokin 4 pm	15 Practice 3:00 to 5:00 DLMS	16 Practice 3:00 to 4:30 DLMS	17
18	19 Practice 3:00 to 5:00 DLMS	20 Practice 3:00 to 5:00 DLMS	21 Practice 3:00 to 5:00 DLMS	22 Game Leechburg At DLHS 4 PM	23 Practice 3:00 to 5:30 DLMS	24
25	26 Practice 3:00 to 5:00 DLMS	27 Practice 3:00 to 5:00 DLMS	28 Game at Freeport 4 PM Equipment Return after game	29	30	31

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